



October 2024

I'm burning the midnight oil tonight, in order to put this together to meet the deadline. Why? Because I lost several hours today setting up a new mobile phone.

I've reached the age when a new phone is no longer an exciting piece of kit to play with. I daren't leave the house with it until it has a case, as it is like a bar of soap in my hand. It is currently an immobile mobile!

I also have a confession. I had to cheat with the cover picture this month. I took a photograph of a bat last year, which I thought I'd save for the month of Halloween. However, can I find it on my new phone or even the old phone? Of course not - I have more chance of getting the pipistrelle to pop back and pose for another snap.

If you would like to receive your newsletter by email or have a contribution for the next edition, please get in touch by midday on the 20th of the month, to clawtonclarion@gmail.com Views expressed by our contributors are their own, and not those of the Parish Council. Alison

Event	Time	Date	Place
Women on Wednesday	7:30pm	Wednesday 2nd October	Clawton Parish Hall
Whist	7:30pm	Wednesday 9th October	Clawton Parish Hall
Coffee Morning	10:30 —12:00	Friday 11th October	Clawton Parish Hall
Railway Club	7:00pm	Friday 11th October	Clawton Parish Hall
United Holy Communion Rev'd Dr Paul Fitzpatrick	11:00am	Sunday 13th October	St Leonard's Church
Big Breakfast	9:00am	Saturday 19th October	Clawton Parish Hall
Wine and Wisdom	7:30pm	Friday 25th October	Clawton Parish Hall
Craft/Plant/Food Fayre	10:00-1:00	Sunday 27th October	Clawton Parish Hall
United Service - with Lorna Bowden	11:00am	Sunday 27th October	St Leonard's Church

CLAWTON PARISH HALL BY MARALYN BAILEY

Lights have now been fitted to the Jubilee Garden, which will extend the use of that area, when weather permits.

Toilet updates will happen over the next few months.

Book/puzzle swaps - hall is always open Monday between 1.45 and 4.45

Do make use of this service. Other times can be accommodated by prior arrangement.

October already, we are thinking of the next six months of hall activity.

October brings Wine & Wisdom on Friday 25th - with our ever popular QM is Ian Parker.

'Women on Wednesday'

The next meeting is in Clawton Village Hall

On Wednesday 2nd October 2024

at 7.30 p.m.

When members will hear a talk about

Cyber Security

From Mick Harrison

Visitors welcome.

We are limited to table numbers so book asap please. 271315 or 07368 621009 (text or voice message please) signal not always good!!

Our October Craft Fayre is on Sunday 27th. Come along and see the wonderful craft items so lovingly made by our stall holders, plus food, pickles, and fresh fruit and vegetables.

Bingo with Kev as our caller is booked for Friday November 29th. Get into the Christmas spirit early!

The November/December Craft fayre will be held on Sunday December 1st.

The Coffee morning on Friday 13th December will highlight the Christmas season with carols and an array of savoury and sweet treats.

Dates for 2025 - Janaury will feature our very own take on Burns' Night Celebration.

February 16th will bring our very popular Sunday lunch.

The hall is the hub of our community, we are proud to know that it is so well used.



HOLSWORTHY WALK AND TALK BY GILLIAN ASTON

Glorious sunshine accompanied us on a new walk to our programme last month at Bratton Clovelly. What a lovely, unspoilt Devonshire village it is with history at every turn, panoramic views of Dartmoor and a variety of roads, tracks and fields to walk along. The route we took is known as The Packhorse Trail. At one point, as we entered a secluded avenue, we noticed a wooden plaque on the fence depicting a packhorse. The same picture is also on the sign for the Clovelly Inn in the village which at one time was known as The Packhorse Inn and now is known in the locality for its excellent food.



At the end of the walk we retraced our steps through the village to visit St Mary the Virgin Church, a Norman building constructed on the site of an earlier Saxon church. On the walls of the nave are rare paintings which are thought to depict the prophets. These had been plastered over at one time but were revealed again some years ago. The Church has an excellent information booklet for those wishing to learn more of its history.

There has been a change of funding partners at The Youth Centre where we meet for our Monday walk and refreshments. The new funders are Devon Mind, an independent mental health charity affiliated to the national Mind association. On a Monday and hopefully Thursday morning each week they will be

open and able to offer anyone living in Devon, information and support for those experiencing a mental health problem, including anxiety and depression. Two trained mental health counsellors will be present and a confidential space is available for a private chat. No appointments or referrals are necessary. In these difficult times it is good to know that there is a mental health professional on hand to give support and signposting should it be appropriate.

If you would like to join, we walk on Mondays and Fridays starting at 10.30 am and all walks are **FREE.**

Membership forms are available from our Volunteer Walk Leaders prior to the start of the walk.

Our website has lots of up to date information, together with our current programme of walks, details below.

holsworthywalkandtalk@gmail.com

https://holsworthywalkandtalk.co.uk



CHURCH NOTICES

Church Contacts

Rector: Revd. Dr. Paul Fitzpatrick 01409 254 667 vicar-rubycountry@outlook.com
Baptism, Wedding or Funerals: rubycountry.beneficeadmin@btinternet.com
Joint Churchwardens: Irene Ellis – 01409 254572, Lorna Bowden – 01409 271384
Secretary/Treasurer - Paul Grafton - 01409 271456 paul@devonholidays.org

Services at St Leonards:

Sunday 13th October - United Holy Communion 11 am with Rev'd Dr Paul Fitzpatrick.

Sunday 27th October - United Service 11 am with Lorna Bowden.



MUM'S THE WORD

BY ANN GOODSPEED

Following a day trip to London last week I have been struck down with what I initially thought was food poisoning. I'm now of a mind that it could be gastroenteritis, having read many articles on the internet and picked the one that I felt got the most sympathy.

During my period of incapacity and given that I couldn't stray further than three metres from the bathroom, I spent many hours scrolling through internet monotony. One item caught my attention, as it was accompanied by the attached photo. Naturally I went in to find out what this amazing household item was, and was met by Dr Sister.



Forget Moisturizer, This 1 Household Item Helps "Smooth" Wrinkles

Suspicious already? Yes, I don't blame you. But, he is, by all accounts, a leading specialist.



Zombie cells apparently, are our enemy, which can be overcome by Querecetin.

A quick look through our food cupboard and cleaning cupboard did not reveal this possible household item.

Then I went on to read that eating a kilo of apples a day would give the required amount. Thank goodness its autumn, I thought. At this rate I'll be wrinkle free by Christmas.

However, Dr Sister has kindly packaged all that is needed to return your skin to the appearance of a 15 year old, by formulating a cream at a hugely reduced introductory offer! £££££



EVELYN'S WALK

My choice of route is not only determined by the availability of suitable Public Rights of Way (PROW) but also the availability of suitable parking. On Monday 9th September, we were able to walk footpaths 3 and 4 in the Parish of Holsworthy Hamlets as we were kindly given permission to park in the farm yard at East Vognacott, Chilsworthy. It's a walk that we hadn't done for a while so I checked with a local contractor who works for DCC to make sure that he had completed the annual cut. He reassured me that it had been done back in August but forewarned me that the vegetation has been growing prolifically with the mild wet weather that we have been "enjoying". With that in mind, I recommended long sleeves and trousers (not shorts) and I carried a pair of secateurs. We set off from the farm yard, through the galvanised gate and along the track between the fields that used to be notorious for flooding even in the summer months! It was squelchy under foot but perfectly passable following the drainage project that took place a few years ago with assistance from DCC. We went through another galvanised gate and along the green lane. Sure enough, some of the brambles and nettles had managed to grow significantly in the space of a few weeks. However, the route was perfectly accessible with care. We took a moment to stop at Scorphill where footpaths 3 and 4 join and tried to imagine living in the cottage that used to be there. No obvious evidence of it now and nobody wanted to go looking amongst the vegetation. We followed the footpath straight ahead which involved going through a self-closing gates that has replaced the original stile.

Initially, the route took us along the edge of a lush green field, then along another green lane and the edge of several more traditional meadows which would have been brimming with butterflies once the damp had gone off the grass. We emerged at Honeycroft Cross and turned right along the lane towards Holsworthy Beacon. There were far reaching views towards Holsworthy to our right and Milton Damerel to our left. It wasn't very far before we turned right along the concrete access road to Gearns Farm. The footpath took us through the farm yard and then along the edge of the fields back to Scorphill. It was reassuring to be able to identify East Vognacott in the distance so we knew that we were heading the right way. I believe everyone enjoyed the walk in spite of the vegetation. It was approx. 3.7 miles and took us two hours.



The next walk is on Monday 14th October. We will be setting off from Clawton Village Hall at 10am. You are very welcome to contact me in advance if you would like more information.

If you would like any information, you are welcome to contact me.

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