

# CLAWTON CLARION

## January 2020



Happy New Year and welcome to the January 2020 edition of the Clawton Clarion. I hope you all had a lovely Christmas with your families and friends. January is a quieter time of the year in Clawton, but don't forget that you can start planning your year's events and consider using the Parish Hall for those family get togethers. Don't forget, the Clawton Clarion is about **YOU and YOUR COMMUNITY** so please send contributions for the next edition by midday on **Monday 20<sup>th</sup> January 2020** to [graham.jw@btinternet.com](mailto:graham.jw@btinternet.com) or call me, Judi Graham: 01409 271265  
If you would like to receive the Clarion electronically, send me your e mail address

### Dates for your Diary

5 <sup>th</sup> January	Holy Communion Jim Williams	10.30am	St Leonard's Church
7 <sup>th</sup> December	Bingo night – proceeds to village hall improvements	6.30pm	Clawton Parish Hall
8 <sup>th</sup> January	Whist	7.30pm	Clawton Parish Hall
10 <sup>th</sup> January	Home from Home Coffee Morning	10.30am	To Be Confirmed – see Blackboard in January
13 <sup>th</sup> January	Parish Council Meeting	7.30pm	Clawton Parish Hall
12 <sup>th</sup> January	Morning prayer	10.30am	St Leonard's Church
2 <sup>nd</sup> February	Community Sunday Lunch	1.00pm	Clawton Parish Hall <i>Booking essential - 271315</i>
10 <sup>th</sup> February	Inter Parish Walk	TBC	TBC in February issue

### Church services at St Leonard's Clawton

Two services will be held at St Leonard's in January  
January 5<sup>th</sup> will be a Holy Communion service by Jim Williams  
January 12<sup>th</sup> Morning Prayer  
Any church enquiries to be made via Irene Ellis on 01409 271371



### Buckhorn Methodist Chapel

Services will be held every Sunday at 11.00 subject to arrangement. For confirmation of services or any queries please contact Rosemary Colwill on 01409 253770

### Clawton Parish Council News

The next meeting of the Parish Council will be held in the Parish Hall on Monday 13<sup>th</sup> January 2020 at 7.30pm. All are welcome to attend.  
Please send any matters for the attention to the Parish Council to the parish clerk, Sally Whitehead via [clawtonpcclerk@outlook.com](mailto:clawtonpcclerk@outlook.com)  
Minutes and Agenda are available on our village web site: [www.clawton.org.uk](http://www.clawton.org.uk)

## Women on Wednesday

The next meeting is on

**Monday 6<sup>th</sup> January 2020** (note the change of day)

in Clawton Parish Hall at 7.30 pm

The speaker is Chrissie McLellan who will be talking about the Veterans with Dogs organisation. Visitors are welcome – we look forward to seeing you there.



## Local Businesses



D & D Taxis is a local business available at competitive rates that covers Holsworthy and surrounding areas. Services offered include collection of prescriptions, hospital visits or appointments and airport runs.

Contact Steve Wheadon on 07895 527605

### GARETH POLLARD ACCOUNTANCY SERVICES

Friendly, Reliable, Affordable

<input type="checkbox"/> Accounts	<input type="checkbox"/> Bookkeeping
<input type="checkbox"/> Limited Companies	<input type="checkbox"/> VAT
<input type="checkbox"/> Tax	<input type="checkbox"/> Payroll / CIS

Over 20 years experience - Free initial meeting

mail@garethpollardaccountancyservices.com  
T: 01409 254817 M: 07811 164428  
The Old Orchard | Holsworthy | Devon | EX22 6LT

## Holsworthy Amateur Dramatic Society presents:

**SLEEPING BEAUTY** – by Stephen Duckham

**27<sup>th</sup> January to 8<sup>th</sup> February 2020 (Tickets available at Box Office from January 4<sup>th</sup>)**

Tickets: £9 (Concessions £7)

Doors open 7.00pm for 7.30pm Matinees (Sats only) 2.00pm for 2.30pm

01409 253826 [www.holsworthytheatre.co.uk](http://www.holsworthytheatre.co.uk)

## Clawton Parish Hall news from Maralyn Bailey

Christmas greetings from the Hall Committee

On behalf of our committee I would like to extend thanks to everyone who has contributed to the continued improvements to our hall, many volunteers not attached to the committee have willingly given up their time to paint the exterior of the hall, we will resume the painting once the season and weather permits. We also thank Sue & Steve for their continued upkeep of the hall. Thank you too, to Nigel & Edwina for the splendid tree, much admired by many.

The bingo evening was enjoyed by all who attended, we thank Gloria, the caller and the many from Holsworthy area & Clawton who supported the evening. A profit of £173.50 was made for hall improvements. Sandra & Jackie amassed all the wonderful prizes, amazing to think that we need 28 of them to complete the evening's bingo.

I know that the hall is the hub of the community and this I look upon as being such a valuable resource. We have recently received £214 from the Waitrose green tokens. The committee always welcome enquiries to extend the use of the hall.

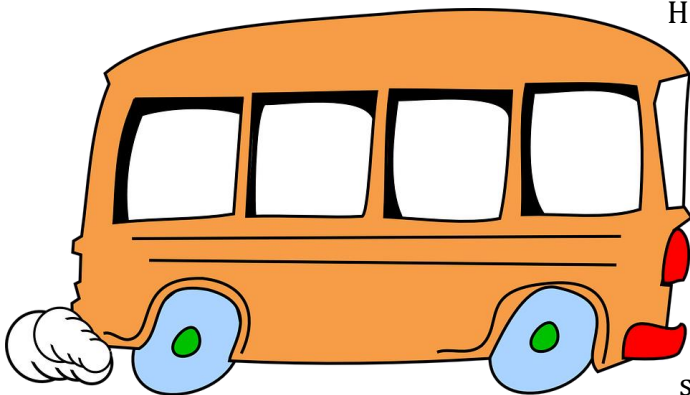
My family, friends & I are arranging a Sunday lunch, on February 2<sup>nd</sup>, this will be for the community, when we are inviting committee members together with other helpers as our guests, to help with funds, the lunch is open, we are limiting the numbers to 60 people, we will provide a three course hot meal with a glass of wine, or fruit juice for £15. Please contact me on 271315 if you would like to book. If anyone would like to donate a sweet, I would be most grateful. As all profits made on the meal will go to the improvement funds. The lunch will be at 1 pm.

Plans are in hand for a fun evening in March, Lee Marshall from North Tamerton will be providing the entertainment, more details to follow in next month's edition.

We wish everyone a healthy and peaceful 2020. we hope to make the upcoming events memorable!

## Holsworthy Rural Transport

Holsworthy Rural Community Rural Transport provides a variety of transport services for residents in Holsworthy and surrounding areas including Ring and Ride; Cars for Care; and Here for Hire.



Ring and Ride is a monthly timetabled minibus service which visits different towns, events, shopping experiences or days out. The eligibility rules have recently been relaxed and the service is now open to residents who drive or own a car. Registration is free and simple, but members should only join if they are going to use the service regularly.

For more information, to view the timetable or to register please phone 01409 259001 or visit the website: [www.holsworthyruraltransport.co.uk](http://www.holsworthyruraltransport.co.uk)

## Seasonal poem – with thanks to Les Johnson

### Bah Humbug!

I hate Christmas every year,  
the holly and the tree.  
The mistletoe and silver bells  
Are simply not for me.!

I hate the way the shops insist  
On forcing me to buy,  
And prices on their tatty goods  
Almost make me cry.

They say it comes but once a year  
But have you noticed how  
It starts about September  
And lasts till New Year now?

The streets are strung with fairy lights  
Paid for by council tax,  
“Peace & goodwill” is just a dream  
There’s no time to relax.

It’s all a farce and carnival  
with blatant razzmatazz,  
And who needs gifts of useless things  
Which one already has?

When families get together  
And bore each other wild  
And who can find, at Christmas,  
A really happy child?

So I say “Bah” & “Humbug”,  
Call me “Scrooge” and I won’t care,  
Just let me opt out of it all  
And pretend it isn’t there.

So when I Hear the sleigh bells  
And carols too loud and clear  
I’ll wish that I could hibernate  
And wake when spring is here.

### Social Prescribing [www.england.nhs.uk/personalisedcare/social-prescribing](http://www.england.nhs.uk/personalisedcare/social-prescribing)



The idea behind social prescribing is to help you to have more control over your physical and mental health and to find ways to improve how you feel in a way that suits you. Studies show that people with social prescriptions get better and feel better faster than those treated with medicine alone.

Social prescribing works for a wide range of people, including people:

- with one or more long-term conditions
- who need support with their mental health
- who are lonely or isolated
- who have complex social needs which affect their wellbeing.
- 

To find out more contact your GP surgery or local social prescribers, Dawn or Kate on 01409 253692 or email [socialprescribing.pcnhbsv@nhs.net](mailto:socialprescribing.pcnhbsv@nhs.net)