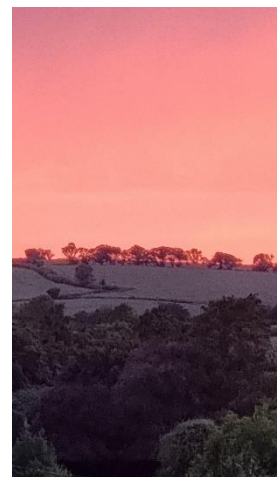


CLAWTON CLARION

November 2022



Welcome to the November edition of the Clawton Clarion

Autumn is in full swing, the shops are filled with Halloween and Christmas goodies for sale and our neighbours are offering apples, pumpkins and according to Ann, our new contributor, acorns. We are spoilt for choice!

Please see Ann's (who happens to be my mother) article Mum's the Word. You do not need to be related to me to contribute; I'd love to see a range of articles. Whether it be a hobby or pastime, a local event or club you take part in, a puzzle or quiz that you've created or a favourite family recipe, I am certain you would receive a welcome audience.

Contributions for the next edition must be in by midday on Tuesday 15th November 2022. Please send them by email to clawtonclarion@gmail.com or by phone to Alison 01409 259972

Best wishes,

Alison

Dates for your diary:

Event	Date	Time	Place
Brewery Afternoons	Saturdays throughout November	3.30 to 6.30	Clawton Parish Hall
Women on Wednesday	2 nd November	7:30pm	Clawton Parish Hall
Whist Evening	9 th November	7:30pm	Clawton Parish Hall
Coffee Morning	11 th November	10:30am	Clawton Parish Hall
Remembrance Sunday Revd Stephen Skinner	13 th November	2:30pm	War Memorial & Church
Christmas Craft Fayre	26 th November	9:00am -1:00pm	Clawton Parish Hall
Meet Father Christmas	26 th November 27 th November	10:00am -4:00pm 11:00am – 3:30pm	Staceys Christmas Tree Farm
Holy Communion Archdeacon Verena Breed	27 th November	11:00am	St Leonard's Church

Clawton Parish Hall – Maralyn Bailey



Wow! Another month has flashed past. As we approach the new month, our thoughts also turn to CHRISTMAS. Our Craft/Christmas fayre on Saturday 29th will have taken place, the next one will be on Saturday 26th November, 9am to 1pm. Light refreshments will be available. Do come along and see the local crafters items for sale and enjoy a chat with friends and neighbours.

Our now regular monthly coffee morning at the hall is held on the second Friday in the month (11th November) all are welcome, we take turns in providing the food, and a collection box is available to leave a donation if so desired. This year's total will be given to one of the Cancer charities - as many of our friends have travelled that road with their families.

The Whist evenings are held on the second Wednesday (9th) from 7.30 onwards. It is a friendly evening filled with laughter and good companionship. A raffle is held, the entry is at present £3 per person. The proceeds from these evenings will help towards the insurance and electricity bills incurred by the hall.

The committee will be decorating their Christmas tree on the 23rd. ready for the festivities. We are grateful to Nigel & Edwina Stacey for the tree they supply to our hall.

The brewery afternoons will resume in the hall 3.30 to 6.30 once Dave finishes his season (29th October) Any profits from these afternoons go towards the upkeep and improvements to the hall interior and exterior. We cannot extend an invitation to dog owners as the hall's constitution does not allow this option (Assistance dogs are exempt).

The latest improvement to the interior is the re-waxing of the floor, following the works carried out, the floor had been looking dull.

Our Christmas bingo is on Saturday 3rd December- doors open 6.30. Jackie & Sandra organise the wonderful array of prizes. Refreshments are supplied within the entry charge. A great evening of entertainment.

Do remember too that the hall is a great venue for those family get togethers. We have hosted our extended family, numbering over 20, in the hall for our Christmas gatherings for a number of years. This works well with the ample cooking facilities and especially as our cottage is limited to space. Therefore, the hall ensures everyone a guaranteed seat and accommodates all ages!

The committee has ideas & plans for many more events for 2023 - so as they say, watch this space.

Women on Wednesday

The next meeting is in Clawton Village Hall on
Wednesday 2nd November 2022
at 7.30 p.m.

Members will enjoy a demonstration of:

Chocolate Making
with Susan Desmond

Visitors welcome
We look forward to seeing you there.



The Month of SPIDERS at TOWN FARM

I can't go into the garden shed
For he's looking straight at me.
I'm sure he'll run right down my head
And bite where I can't see.
The web is thick and looks like rope
He's there bulging in the middle.
I don't know how I'm going to cope,
It's like dancing to his fiddle.
He's banned me from my own domain
And barred me from each tool.
I'll not enter the shed door again
For he's made me such a fool.
Look, now he's just gone out of sight
He's lurking somewhere lower.
Well, having given me a fright,
Now I'll HAVE to get the mower!
Where is the tin of hairspray?? -
That should slow him down!

(Yes, it does work!)

Autumnal Greetings
from Les at Town Farm.



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*subject to eligibility

Christmas Tree Farm News

Staceys Christmas Tree Farm will be open from 23rd November and every day to 24th December 9am - 5pm.

Good selection of fresh Christmas trees and pot grown trees.



Shop stocking Christmas goods including lights, decorations and Christmas tree stands.

Holly and fir wreaths made to order.

Father Christmas will be in his wooden lodge weekends 26th/27th November and 3rd/4th December.

Saturdays 10.30am - 4pm Sundays 11am-3.30pm. **Look forward to seeing you.**





Holsworthy Walk and Talk by Gill Aston

We have been enjoying some autumnal sunshine on our walks and hope it will continue for our November programme.

Our Monday Walk in the Park Group was recently visited by members of the project Healthier Devon – Diabetes Prevention. There are currently record numbers of people with Type 2 diabetes, around 5 million in the UK, a number which has doubled since 1996. The Healthier Devon – Diabetes Prevention team work closely with people who have been diagnosed with pre-diabetes, encouraging and supporting changes to their diet and incorporating exercise into their daily lives. By addressing symptoms early, these changes can significantly reduce the need for medication and the likelihood of developing Type 2 diabetes.

If you would like further information please contact:

<https://www.westbank.org.uk/Pages/Category/type-2-diabetes-prevention>

Walking has long been recognised as being beneficial for the prevention and management of many long-term conditions including Type 2 diabetes. If you feel as though you would like to explore the local area, enjoy the autumnal countryside, and improve your health and well-being, then feel free to come along.

We walk on Mondays and Fridays. All walks start at 10.30 am and are **FREE**.

Membership forms are available from our Volunteer Walk Leader prior to the start of the walk.

Our website has lots of up to date information, together with our current programme of walks, details below:

Contacts:

holsworthywalkandtalk@gmail.com

<http://holsworthywalkandtalk.co.uk>

Gillian Aston 07854677784

Mike Jackson 01409 26119

Paul Davies 01409 253250



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Mum's the Word by Ann Goodspeed

I love autumn. I always have. The colours, the crispy leaves, the smell of the fires being lit for the first time and the cosy feel to it.

This year, however, has shown a different experience. When we moved here during lockdown, the first job on the list was to prune the huge tree close to the house. There were weighty branches resting on the outhouses and we were certain that they would not survive a storm.

The results were pleasing, and we felt sure that Clawton residents would be happy that the fine specimen of English oak was still in situ after it's short back and sides. During the winter that followed we were so glad that we had taken that step and could rest assured everything would remain in tact.

Not so this year. Oh no...this year is very different as it has become a hard hat area!

Never in my life did I ever realise the amount of pain that could be caused by an acorn travelling at breakneck speed from the top of the tree until its journey is broken on a tender part of the body. The cats are now proficient at commando crawling under all the cars until they reach the safety of their cat flap. Added to this are the dangers that lurk under foot. It can be likened to stepping on hundreds (this is not an exaggeration) of snails as they burst and crack. On some occasions it's like stepping on the contents of a jar of marbles and could quite easily end up like a Tom and Jerry cartoon as these tormenting seeds start to roll together thus rendering elegant walking impossible.

Then of course there is the issue of noise. I have never been to the Edinburgh tattoo but I imagine that when the drummers begin their repertoire of hitting the skins and clicking sticks, it closely resembles the performance taking place in our yard.

It would be slightly more bearable if they were of any use. After hours of research, it appears that unless you are a squirrel, there's a limit to their purpose.

Apparently, a form of coffee is possible or some kind of paste or spread could be achieved. The family, who I must admit are much more enthusiastic than I am about this project, are attempting one recipe which is Acorn Cracknell!

Watch this space or your head if you come to visit.



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Evelyn's Walks

On Monday 10th October, nine of us met by Halwill Parish Church. That's in Halwill Town NOT Junction. Pennie Channing is the relatively new P3 volunteer for Halwill & very kindly agreed to lead the walk. After all, she's far more familiar with the local PROWs (Public Rights of Way) than me. She suggested a route describing it as "a lovely & interesting walk across varied terrain, but not too difficult." She was concerned whether we could manage a distance of 4.4 miles. I was prepared to lead a shorter route for anyone who was not keen to try the longer one. However, everyone was very game to try Pennie's route so we all set off following the footpath that starts by the left hand side of the Church. It goes across the very lush green fields towards Langaforde Farm & at one point, we could see where the railway line would have been. The cows all looked very content from their barn at the farm though it seemed far too nice a day to be indoors. It was a glorious autumnal morning with just a slight nip in the air. Instead of bearing left down the drive which would have joined the lane near Quoditch Cross, we followed the footpath. This was completely new territory for all of us apart from Pennie.



The route took us along a narrow path & across more lush green fields. At one point, we had to negotiate a stile but everyone managed admirably. Pennie pointed out a multitude of deer tracks & a couple of tumuli which we would probably have missed if she hadn't have been with us. If you look at an OS map, the tumuli are in fact marked. We then entered Cookworthy Moor Plantation & followed a nice hard track all the way to the A3079. This is the road that runs between Dunsland Cross & Halwill Junction. Knowing what a busy road this is, I was somewhat concerned. However, it was only a short distance before we went through a gate on the right hand side & then walked along a bridle path which goes across the property known as Cookworthy Buddle. By this stage, I had completely lost my sense of direction but the path was very clearly marked. By bearing right, we walked along the route of the old railway line & passed Brendon. At one point, we all looked over the parapet of the stone bridge & into the railway cutting from a bygone era. From here it was only a very short distance back to the road in Halwill. It came out right by the telephone box. We were all most grateful to Pennie for showing us this lovely route. It was just as she described & made a great start to the week.

The next walk will be on Monday 14th November. We will set off from Higher Larkworthy Farm in the parish of Ashwater, EX21 5DE at 10am. Please note that parking is limited. If you would like any more information, you are very welcome to contact me.

Evelyn Sharman Tel: 01409 259 848 Email: evelyn.sharman@btinternet.com

St Leonard's Church

Services this month:

Sunday 13th November at 2:30pm - Remembrance Sunday at the War Memorial and then on to Church

Sunday 27th November at 11:00am - Holy Communion with

Archdeacon Verena Breed

All Welcome.

Planning

The houses opposite the school have now received planning permission.



Wine & Wisdom

The next Wine and Wisdom will now be held on Friday 2nd December - 7-7.15 for a 7.30 start. Book your table with Paul Grafton by text or call on 07794 913757.

Jubilee Mugs

A number are still available direct from Paul (07794 913757) or at the Wine & Wisdom on 2nd December. Cost is £5 per mug.



Wine and Wisdom

Friday 2nd December
starting 7.30pm

Clawton Parish Hall
Quizmaster: Revd Stephen Skinner

Book your team's table now –
call Paul on 01409 271456

£8 per person (proceeds to St Leonard's church)

Torridge District Council launches third round of Household Support Funding



Torridge District Council has launched the third round of Household Support Funding with effect from Monday 17th October. Nationally £421m has been made available by central government to cover the period October 2022 to March 2023. Devon County Council has received £5m from this sum and allocated £193k for Household Support in the Torridge district.

In line with previous schemes the purpose of the grant is to provide support to households experiencing hardship due to the significant rises in living costs over recent months. The grants will be available to help people buy food, pay essential utility bills or meet other essential living or housing costs.

People will also be able to apply for assistance with other winter necessities such as warm clothing, blankets, and boiler servicing or repairs. Also falling under the criteria for the scheme will be cases where households are perhaps struggling to meet the cost of purchasing or repairing white goods such as fridges, freezers and ovens. To ensure a fairer overall distribution, priority will be given to applicants who have not received previous hardship funding in the current financial year from either Torridge's own Hardship fund or the second tranche of nationally funded Household Support. Due to the limited funds available the housing costs provision under the scheme, for example to cover rent arrears, will be limited to exceptional cases of genuine emergency.

Access to the fund will once again be via an application form, with initial applications being processed by the council's partner and local charity organisation, Encompass via this link [Torridge Household Fund](#)

Alternatively people can contact Encompass by telephone if they do not have access to the internet on 01271 371499.

Councillor Ken James – Leader of Torridge District Council said:

"The list of what funds can be used for is not exhaustive, so we want people to approach us if they feel they need help, not just for the payment types mentioned, but also if they have other costs they are struggling with. As further examples this might include essential clothing, repairs to their vehicles or to pay for a monthly bus pass, to name just a few. People can also check the councils "Cost of Living Help" section on the main landing page of our website for other funding and guidance links, which they might also find helpful."

Other help and advice is also available on the Councils [Cost of Living Help](#) pages.